

Imagine having a **Healthy Eating Expert** cook for you and your friends at home!



Get a bunch of your friends together and your Healthy Eating Expert, Louise, will cook up a storm of delicious easy to make recipes as well as do an educational talk on how to eat healthy.

Book a Healthy Eating Party today!

Cooking demonstration includes quick and easy recipes which are great for snacks, lunches and parties

All ingredients and food produce will be provided

Each participant will receive a take home handout from the talk

All food made on the night is for you and your participants to enjoy!



\$65.00 per head (minimum of 6 people)

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